WHAT WE DO AND HOW WE DO IT

### RAINBOW SERVICES

# 24-HOUR CRISIS AND REFERRAL HOTLINE

Immediate bilingual (English/Spanish) crisis assistance is available through our free hotline 24 hours a day, 7 days a week. We respond to calls from law enforcement, hospital emergency rooms, medical clinics, and others, providing information, referrals, crisis intervention and shelter intake.

#### EMERGENCY SHELTER

• Our emergency shelter, Rainbow House, gives safe, temporary housing to individuals and families who are experiencing violence in their homes, or who face homelessness due to domestic violence. Rainbow House is one of the few domestic violence shelters in Los Angeles which can accept families with a pet.

## TRANSITION AL HOUSING

• Individuals and families who are currently living in a domestic violence emergency shelter may live in Rainbow's apartment housing for up to one year as they find resources to gain permanent housing.

#### COMMUNITY HOUSING

- For survivors who may not need emergency shelter,
  Rainbow Services offers short-term assistance while they
  remain in their own housing or locate other permanent
  housing. This free assistance includes Rainbow's
  supportive services:
- Safety Planning
  - − ∘ Counseling
  - − ∘ Education
  - ∘ Legal Issues

#### CASE MANAGEMENT

 We work collaboratively with survivors to develop a case plan made to their specific needs, including planning for safety, increasing resources and improving emotional and physical well-being.

## INDIVIDUAL COUNSELING

• Survivors make connections by sharing their experiences and supporting one another in groups facilitated by Rainbow's staff. Support groups are available in both English and Spanish at different times during the week.

#### LEGAL SERVICES

• Our in-house legal team helps survivors address a variety of legal issues, such as family law, child custody and support, restraining/protective orders, and immigration. The team also provides court accompaniment in some cases.

#### CHILDREN'S SERVICES

• We provide children services that deal with the effects of abuse through counseling, arts & crafts workshops, imaginative play, and seasonal celebrations. Our Children's Program staff and volunteers provide homework help sessions for children in our shelters, and organize monthly or quarterly activities for kids and for the family. Parents are also supported with non-violent parenting coaching.

#### SURVIVOR-CENTERED & TRAUMA-INFORMED CARE (TIC)

- TIC's focus is on survivor choice. We support survivors to choose the services which are right for them and encourage them to participate in the programs that are the best fit for their needs and the needs of their family.
- Due to the trauma they've experienced, survivors often find it challenging to deal with the complicated criminal justice system, legal services, or social services. Our case managers help survivors identify their goals, organize documentation they'll need, schedule appointments, and gain confidence as they advocate for themselves.

#### HOUSING FIRST

- Rainbow Services is piloting a <u>Housing First program</u> in Los Angeles to address the needs of survivors who want support to build a life free from abuse and violence, but may not want or need to enter emergency shelter.
- Many people choose to stay in abusive homes because they are dependent on their abusive partner for housing, especially if they have children. The Domestic Violence Housing First approach focuses on getting survivors of domestic violence into stable housing as quickly as possible and then providing the necessary support as they rebuild their lives.
- As part of Housing First, a Rainbow Services advocate helps families to increase their housing safety and stability, including in-depth safety planning, rental assistance, and support to locate and move into safe affordable housing.

#### COMMUNITY EDUCATION

#### Programs for

- Groups of teens or tweens on "Healthy Relationships."
- Clubs or organizations that would like to learn about "Relationship Violence."
- Businesses that could benefit from information about the economic impact of domestic violence.
- Service organizations that would like to hear about how to help victims of intimate partner violence?
- Schools that would like to include "Building Healthy Relationships" in their health curriculum?
- PTAs that would welcome a program on "Elements of Healthy Relationships for Growing Children?"
- Or any other group of individuals any age that might want to learn more about the issue of domestic violence

• 24/7 BILINGUAL HOTLINE: 310-547-9343

• RESOURCE CENTER ADDRESS:

-453 W. 7<sup>TH</sup> Street, San Pedro